“GIRLS WILL BE GIRLS GROUP 2012”

Mrs. Hart will be conducting a “Girls Will be Girls” group starting the 2nd - 9 weeks. There will be a junior high group that will meet once a week during RTI time. Group size is limited to a maximum of 12 girls.

Do you feel like an “outsider” among your friends? One day you are “IN” and the next day you are “OUT” and are the source of gossip or teasing? Have you ever been made fun of online? Do you miss out on being invited to the right parties with the “in crowd”?

If you can answer yes to any of these questions, know you are not alone. This group may be able to help you develop the skills and confidence to deal with “girl situations” in a positive way that puts you in control. Some of the topics we will cover include:

- How to find friends who will be just that – friends
- How to keep from being the object of gossip
- What to do if someone calls you names
- How to deal with hurt feelings and anger
- How to tell when teasing has turned into harassment

If you would like to participate in one of these groups or would just like more information, please see Mrs. Hart by Friday October 12th. A parent permission form will need to be signed to participate in the group.