

The scores of the following graph represent the health norms for individuals, aged 10 - 17, organized by gender, based on the number of laps completed in a 20 meter PACER test. The low end score represents the minimal level of fitness. The high end score is considered the ultimate level of fitness.

HEALTH NORM RANGES FOR THE PACER TEST
(AGES 10 - 17)

Age	BOYS		GIRLS	
	Low end	High end	Low end	High end
10	23	61	7	41
11	23	72	15	41
12	32	72	15	41
13	41	83	23	51
14	41	83	23	51
15	51	94	32	51
16	61	94	32	61
17	61	106	41	61
17+	72	106	41	72